Top 5 Ways to Keep Cybersafe

With UBC's transition to online learning and classes, it is important to keep yourself and your information cybersecure. Here's the top 5 things you can do to keep cybersafe:

1. **Protect your password(s)**

   Passwords are an important part of our digital lives and with online learning, your credentials are now more important than ever. Have you ever considered the implications of what would happen if your password was stolen? Click here[1] to learn how to protect your passwords.

2. **Protect your devices**

   Keep your operating system and software up to date. Weaknesses in systems and software that are not up to date are vulnerable. Always use malware protection (anti-virus) and consider "next gen" products, as they offer more advanced security and take advantage of machine learning to protect you. Many are free or very inexpensive. Learn more[2] about malware protection.

3. **Back up your data**

   Computer hard drives can crash, computers and smartphones can be lost or stolen, soup can be spilled on laptops, and software viruses or malware can delete your files. Be sure to back-up your data on a regular basis. Be sure to test the backups every few months to check that you can recover your data.

4. **Protect your personal information**

   There are a number of ways you can protect your personal information and others. View this quick guide[3] to learn more.

5. **Don't get phished: recognizing phishing and spear-phishing dangers**

   People who want to steal your information can be clever. Learn how to protect yourself against phishing[4] and spear-phishing[5] messages. Received a suspicious email or link? Don't open the message or click the link. For your personal email, learn how to report a Phish and then delete it. For UBC email, forward the message to security@ubc.ca.

---

[1] https://privacymatters.ubc.ca/content/protect-my-passwords
[2] https://it.ubc.ca/services/cybersecurity-services/malware-protection
[3] https://privacymatters.ubc.ca/sites/privacymatters.ubc.ca/files/Protecting Personal Information.pdf
[4] https://privacymatters.ubc.ca/phishing-emails
[5] https://privacymatters.ubc.ca/spear-phishing